

MOTHER STYLES

Four week VIRTUAL workshop designed to support mothers \$119.00 + purchase of book

Fall 2022 Dates: Wednesdays from 7-8 PM (9/14; 9/21; 9/28; 10/5)*

- Do you want to learn about how you most often react to your child and why?
- Do you want to take steps toward working through areas that you typically struggle with your child?
- Do you want to gain a better understanding of your own individual issues as they arise in the mothering experience?
- Do you want to learn about personality type and the strengths, struggles and needs related to each type?

Pam Burke, M.Ed, certified practitioner of Myers Briggs Type Indicator (MBTI) and Murphy-Meisgeier Type Indicator for Children (MMTIC), school counselor and Martha Beck Wayfinder life coach will use the book Mother Styles by Janet P Penney as a framework to journey together to learn about how Mother Styles can help moms gain insight, energy and success in this most important role! Mothers need less "do-it-this-way" advice and more support. Connect weekly with me and a small group of mothers virtually to have focused conversations about some of the successes and struggles you experience being a 21st century mom.

*E-mail <u>pburkecoaching@gmail.com</u> for outline and workshop details. Space is limited so please reserve your spot today!

